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GRATEFULBODY TO PRESENT WORKSHOP AT ELEPHANT PHARMACY
Skin Care as Food: Using Plant Intelligence for Health and Beauty

BERKELEY, CA – **GratefulBody**, creator of truly organic skin and body care products, is presenting a class on **Sunday, October 16th** at **Elephant Pharmacy** in Berkeley. The 13,000 square foot alternative pharmacy and store carries the full GratefulBody line in its comprehensive health and beauty department. Elephant invited GratefulBody to facilitate one of its on-site classes, which connect its customers with local health and wellness practitioners and are offered free to the public. This partnership is part of GratefulBody's ongoing effort to build long-term relationships with like-minded organizations focused on holistic alternatives and education. GratefulBody will present the following class and afterwards will offer relaxing facials from 12:00-4:00PM.

What Are You Feeding Your Skin?

A Workshop and Discussion with Shannon Schroter of GratefulBody

Sunday, October 16, from 10:30-11:30 AM • FREE

Elephant Pharmacy • 1607 Shattuck • Berkeley, CA 94709

There is no separation between your skin, your health, and your planet. Today most personal care products are full of synthetics, petrochemicals and other over-processed "topical junk food" that neither the skin nor the environment can properly digest. Learn why that old adage "eat your vegetables" is as true for the skin as it is for the body, and how real skin care can nourish your health and vitality while improving your complexion.

GratefulBody is committed to developing safe, pure, effective skin and body care products using certified organic, certified biodynamically grown and ethically wildcrafted ingredients. Their formulations are chemical free and contain no petroleum by-products, no chemicals, parabens, fillers, GMOs, cosmeceuticals or animal by-products, and no ingredients subjected to animal testing, solvents or over-processing. GratefulBody's practices are based on green business ethics that support local and grassroots economies operating in a sustainable manner. The company promotes its products through education and honest, non-exploitative marketing. GratefulBody products are currently available in stores in 37 states and globally through the company's online store.

For more information on GratefulBody, please visit gratefulbody.com.

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